Essential Oils 201 A more in-depth look into God's amazing gift of therapeutic grade essential oils and how to use them in your home. DISCLAIMER: The information provided in this presentation is for educational purposes only. It is not intended to prescribe, diagnose, treat, cure, or prevent any disease, it is your responsibility to educate yourself and address any health or medical needs you may have with your physician. Please seek professional help when needed.

Three Schools of Thought

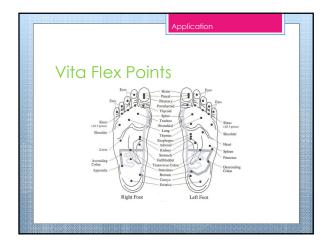
German-emphasizes inhalation
English-emphasizes massage, high dilution
French-emphasizes oral usage

Much of the information in aromatherapy is written by the British school of thought.

Gary Young teaches and integrates the best of all three schools.

Grades of Oils

Therapeutic Grade
Food/Flavor Grade-95% of oils on the market
Perfume Grade
Flora Water



Safety Tips

Always have a carrier close by
Keep essential oils away from the eyes and eye area

Use milk to flush the eyes if the essential oil gets into the eyes
DO NOT USE WATER!

Be sure to test the oil before using a large amount in case of detox.

Safety Tips

Do not put oils in plastic or Styrofoam
Citrus Oils are photosensitive
Look for the "Supplement" label
Around, not in the ears
Trust Your Source!

Be Careful of graphics! • When combined, oil properties change! • Layer oils! • Homemade is not always best!

Detoxing/Herxheimer Occurs when the body tries to eliminate toxins at a faster rate than they can be properly disposed of. Not an allergic reaction Rest, hydrate, slow down exposure

I'm allergic to the plant...

Allergies?

• Pure therapeutic grade EO's are free from allergens
• Some blends contain almond oil
• Persons with low pH are prone to detox
• Take 1 tsp Alkalime before/after

Misc. FAQ's

- Single component studies are invalid
- No known interactions with RX's
- Store in dark bottles in a cool place
- Add to a carrier for baths (Epsom Salts)
- EO's pass through blood brain barrier!
- Apply less, more often

Essential Rewards Budget your oils each month Earn up to 20% Reduced shipping rates Compensation and bonus reward opportunities Discounts on exclusive product packages

5 Ways to Afford EO's

1. Transfer buying
2. Give the gift of health
3. Essential Rewards
4. Make your own
5. Refer a friend and earn CASH!











A few of My Favorite Things

Additional Collections
Golden Touch
Raindrop
Feelings
Essential 7

| | 19 January 30, 2014 | | |
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| Questions? | | | |
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